

**FROZEN PRODUCTS****FROZEN MEALS****DESCRIPTION**

1	Beef Enchilada with Taco Sauce, Spanish rice & Corn
2	Beef Lasagne with Roasted Potato & Italian Mixed Vegetable
3	Beef Meat Sauce with Garlic Buttered Pasta & Broccoli
4	Beef meat loaf with mashed potato & italian mix veg
5	Beef Steakette with Gravy, Mashed Potato & Green Peas
6	Beef Stew with Boiled Potatoes & Green Peas
7	Roast Beef Sandwich with Rotini Pasta Salad
8	Roast Beef with Vegan Gravy, Baked Potato & Carrots
9	Smoked Roasted Chicken Breast Sandwich with Chickpea Salad
10	Falafel Wrap with Hummus and Edamame Corn Salad
11	Smoked Turkey Breast Sandwich with Bean Salad
12	Beef Curry with Basmati Rice & Carrots
13	BBQ Chicken with roasted potatoes & Corn
14	Boneless Chicken with Curry Sauce with Rice & Carrots
15	Chicken cuttlets with tomato sauce, pasta & mixed vegetable
16	Chicken fried rice with Oriental vegetable & spring rolls
17	Chick Pot Pie with Puff Pastry, Boiled Potato & Peas
18	Vegetarian cabbage rolls with Roasted Potato & Corn
19	Vegan Pot Pie with Broccoli & Boiled Potato
20	Lentil & Vegetable Enchilada with Taco Sauce, Spanish Rice & Mexican Corn
21	Fish Fillet with Tomato Sauce, Rice Pilaf & Green Beans
22	Halal Assorted Meals (protein) Beef and chicken

**FROZEN BULK**

23	Beef Tomato Lasagna
24	Chicken Pot Pie
25	Chicken Curried Roll in Puff Pastry
26	Chicken Quessadias
27	Lentil & Vegetable Shepards Pie
28	Braised Tofu in Teriyaki Sauce
29	Vegan Lasagna with Soy Meat & Vegan Cheese
30	Spinach Tofu Burger
31	Large Vegetable Spring Roll
32	Vegan Cabbage Roll
33	Lentil & Vegetable Quesadila
34	Vegetable Fritters
35	Grain Vegetable Burger - Vegan
36	Vegetable pot pie - Vegan
37	Mini Vegetable Spring Roll
38	Broccoli & Soy Cheese Quiche-Vegan
39	Soya tofu Nugget
40	Breaded Chicken Cutlet

41	Un-Breaded Chicken Cutlet
42	Chicken Balls
43	Rice Croquettes
44	Arancini Tear Drops
45	Honey Garlic Chicken Wings
46	BBQ Chicken Wings
47	Sweet Chilli BBQ Chicken Wings
48	Crispy Chicken Breast
49	Vegetable Samosa
50	Falafel
<b>FROZEN RETAIL</b>	
51	Beef Mantu
52	Ashak
53	Chicken Mantu
54	Veggie Mantu
55	Ground Beef Sauce
56	Ground Chicken Sauce
57	Tomato Split chickpea Sauce
58	Arancini Tear Drops
59	Falafel with Tahini Sauce
<b>FRESH PRODUCTS</b>	
<b>FRESH MEALS</b>	
60	Teriaki Noodle
61	Teriyaki Noodle With Chicken
62	Mac & Cheese
63	Channa Masala
64	Basmati Rice
65	Vegetable Basmati Rice
66	Butter Chicken
67	Vegetable Curry
68	Chicken Tikka Masala
69	Chipotle Chilli
70	Scalloped Potato
71	Beef Sheppard's Pie
72	Beef Nihari
73	Chicken Korma
74	Chicken Biryani
75	Perrisenne Potato
76	Penne Chicken
77	Roasted Garlic Mashed Potato
78	Beef Cabbage Roll
<b>CHUTNEYS</b>	
79	Samosa Chutney
80	Sweet Chilli Chutney
81	All Purpose Chutney

